

APPENDIX A: BA/SAMBA™/Mastopexy Patient Evaluation and Operative Planning

Patient Name: _____ Date: _____
LAST FIRST MONTH / DAY / YEAR

Presenting Complaint: _____

Occupation: _____ Referral Source: _____

Age: _____ Height: _____ft. _____in. _____cm

Frame: small medium large

Weight now _____kg/lb. Ideal weight _____kg/lb.

CONVERSION: 1"=2.54cm 1kg=2.2 lbs

History of weight loss? How much? _____ When? _____

Yo-yo weight change: Yes No

Para _____ Planned _____

Breast Feeding: How long each pregnancy?

Breast Cup Size:

Before pregnancy _____ Largest with preg. _____

Current cup size _____ Desired breast size _____

Previous breast disease: None Biopsies: No Yes

Family history of Breast Cancer: No Yes

Mother Grandmother Aunt

Maternal Paternal

Previous mammograms: No Yes, Date _____

interpretation: normal other _____

Pertinent medical history: none smoker*

*Advised to stop 3 weeks before surgery: Yes No

Current medications or drugs:

ASA* Advil* Vitamin E* BCP Psych

*Advised to stop 3 wk. before surgery: Yes No

List Medications _____

Allergies _____

Past Surgical History:

DATE

PROCEDURE

SURGEON

Past Medical History: _____

Discussed with patient:

20-30% of patients require further surgery.

(Further surgery will entail additional costs of surgeon's fees, hospital and anesthesia fees, discomfort, time off work and the risk of complications.)

SPECIFIC LIMITATIONS /COMMON RISKS OF AN IMPLANT:

1. Asymmetry or malposition of the implants. Some residual asymmetries inevitable
2. Rippling of the implant. Palpable or visible edges of implant due to thin tissue
3. Deformity of the implants with arm motion
4. Indentations of the breast when the arm is elevated.
5. Sensory loss of the nipple.
6. Grooving of the lower part of the breast due to a tight "infra-mammary crease".
7. Sensory loss of breast skin.
8. Capsular contracture.
9. Pain in the breasts and difficulty sleeping on side or tummy.
10. No guarantee of cup size
11. Bleeding
12. Infection

SPECIFIC LIMITATIONS /COMMON RISKS OF SAMBA MASTOPEXY:

- I Wrinkling of the skin around the areola.
- II Wide scar.
- III Enlarged areola.
- IV Asymmetrical areola or oval shaped areola.
- V Dimpling or protrusion of the nipple and areola.
- VI Looseness of the skin of the lower half of the breast.
- VII Dimpling or unevenness of the surrounding breast.

I have read and understand the most common risks after the implants have been inserted and the risks of the SAMBA™ procedure.

X

Patient Signature Date

Witness Date

Ideal Non-Augmented Breast		Nipple 5-7cm above IMC	
KIRWAN CLASSIFICATION	REGNAULT CLASSIFICATION	KIRWAN CLASSIFICATION	REGNAULT CLASSIFICATION
Stage A 2cm above	Glandular ptosis	Stage D 1cm below	Grade I
Stage B 1cm above	Glandular ptosis	Stage E 2cm below	Grade II
Stage C at IMC	Grade I	Stage F >2cm below IMC	Grade II & III

APPENDIX A

Breast Worksheet

Patient Evaluation and Operative Planning

1. Implant Considerations

PA / IMC ? Submuscle / Premsc.

Right _____ cc Base width _____ cm

Left _____ cc Base width _____ cm

R/L larger _____ cc Cleavage _____ cm

excavatum, carinatum, rib flaring, assymetrical chest wall

Chest Circumference IMC Level	Bra Size	Cup cc
65-70	32	130
70-80 (72-78)	34	150
80-88	36	175
90-99	38	200

2. Fixed Skin Excision

I SN: N distance (18-22cm)

R _____ cm L _____ cm

R / L higher _____ cm (Elevate inferior one)

II Areola Diameter (4-5cm)

R _____ cm L _____ cm

III Areola: IMC distance (7-9cm), Measure supine

R _____ cm L _____ cm

(a) IMC level assymetry, Measure standing

R / L higher _____ cm (Lower superior one)

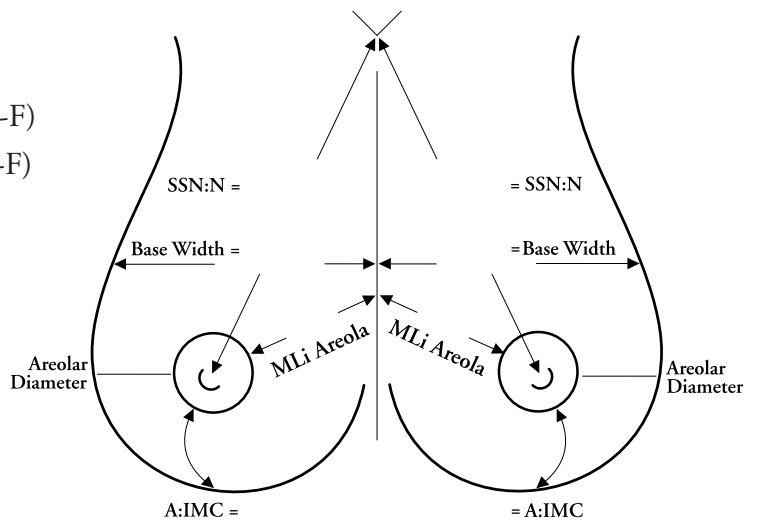
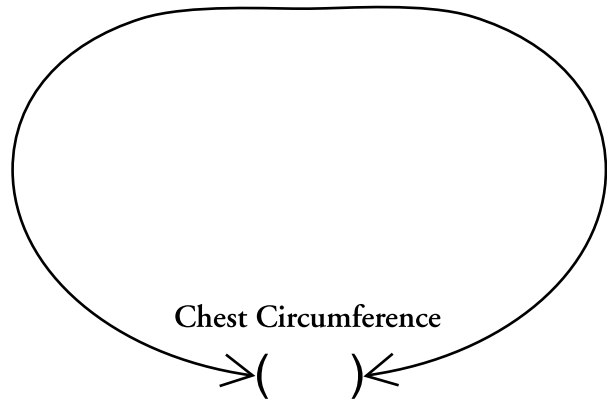
IV Areola: midline (8-10cm)

R _____ cm L _____ cm

N:IMC relationship Staging: Right ____ (A-F)

cm above (-)/below (+)IMC Left ____ (A-F)

R _____ cm L _____ cm



3. Recommended Implants

RIGHT

LEFT

Item # _____

Item # _____

Size cc _____

Size cc _____

Dia. mm _____

Dia. mm _____

Proj. mm _____

Proj. mm _____

Textured

Textured

Smooth

Smooth

Profile: HP

Profile: HP

MP

MP

LP

LP